



March 9, 2015

Local Agency Conference Call

Thank you for attending the conference call on Thursday. Please review the [minutes](#) for the call, along with the [presentation](#) and Medicaid documents ([DME information](#) & [form](#)) referred to during the call. If you were unable to attend, or your RD was unable to attend, please review and share this information. Call the state office if you have any questions or would like more clarification on any of the topics.

Spring Conference Save-the-Date

Our Spring Conference will be held April 7 & 8, 2015 in Helena at the Wingate Hotel. Please review the [draft agenda](#) and [register now](#). The state rate at the hotel will be available Monday, Tuesday and Wednesday night for those who will need to travel further distances.

You may book your room anytime between now and March 15, 2015 by calling 406-449-3000 or emailing Tiffanie Zavarelli at Agm@winwingatehelena.com, identify yourself as being with "The Montana WIC Program". The state will reimburse costs for two staff members from each local agency (required attendance); however, we encourage more participation where possible. There will be content and training related specifically to retailer activities, so it is highly encouraged to send your LARC.

CEU Opportunities – Articles

The Urban Institute has released a research brief entitled "[Maternal Depression Associated with Less Healthy Dietary Behaviors in Young Children](#)." The study investigated the relationship between maternal depression and eating habits of young children, with a focus on Kindergarten-age children. The brief also mentions the association between maternal depression and shortened duration of breastfeeding. It is worth 1 WIC CEU.

The Lancet's [Obesity 2015 Series](#) has several articles that are eligible for WIC CEU credits. "Smart food policies for obesity prevention", "Child and adolescent obesity: part of a bigger picture", "Patchy progress on obesity prevention: emerging examples, entrenched barriers, and new thinking" are each worth 1 WIC CEU. You will have to establish an account with Lancet, but it is free.

The Academy of Nutrition and Dietetics has updated its [Position of the Academy of Nutrition and Dietetics: Promoting and Supporting Breastfeeding](#). It is worth 0.5 WIC CEU.

Reports Available

[January 2015 Benefits Issued & Redeemed](#)

[February 2015 Breastfeeding Peer Counselor Report](#)

National Child and Maternal Health Education Program Materials

To help prevent early elective deliveries (EED) and related problems, education about full-term pregnancy and related terminology is essential. View, download, and order free posters, postcards, tear sheets and videos on the new full-term pregnancy definition - [Pregnancy: Know Your Terms](#) - in English and Spanish from NIH's National Child and Maternal Health Education Program.

Maternal Nutrition and Wellness Modules

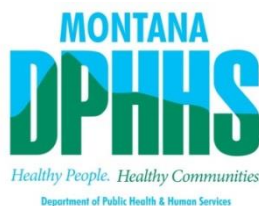
The Nutrition Services Branch of North Carolina in collaboration with the NC Institute of Public Health (NCIPH) of UNC – Chapel Hill is offering three self-paced [on-line modules](#). Slots are limited and on a first come basis, and start on April 20th. This course is designed for public health nutritionists working in local health agencies.

First Nations Grant Opportunity

First Nations Development Institute is now accepting proposals for its Native Agriculture & Food Systems Initiative (NAFSI). First Nations plans to distribute up to eight grant awards averaging \$26,000 to support projects that address food-system control, food insecurity and food deserts, with an emphasis on serving Native American children and families. Proposals are Due March 25, 2015. [Learn more and apply](#).

Safety and Efficacy of Exercise During Pregnancy Webinar

The California Department of Public Health is sponsoring a 1 hour webinar on March 18, 2015, at 1:00pm (MT time) on the *Safety and Efficacy of Exercise During Pregnancy*. It will presented by the California Diabetes and Pregnancy Program. Montana WIC will offer 1WIC CEU, but check out the [other types of CEUs offered and how to register](#). Submit the WIC CEU Post-Article, Short Webinar and Teleconference form.



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